The lankavatara sutra translation and commentary

The Lankavatara Sutra Translation and Commentary The Lankavatara Sutra is one of the most profound and influential texts within Mahayana Buddhism, revered for its deep philosophical insights and emphasis on the nature of mind and consciousness. Its translation and subsequent commentaries have played a pivotal role in shaping Buddhist thought, especially within the Zen and Yogacara traditions. Understanding the nuances of its translation and interpretation not only opens a window into the spiritual teachings of the Buddha but also offers practical guidance on how to realize one's true nature. This article explores the history of the Lankavatara Sutra's translation, the key themes within its commentary, and its significance in contemporary Buddhist practice.

The Origins and Historical Context of the Lankavatara Sutra

Historical Background

The Lankavatara Sutra, believed to have been composed in India around the 4th to 5th century CE, is considered one of the core texts of Mahayana Buddhism. Its name derives from the island of Lanka (Sri Lanka), where it

was supposedly first taught or where it gained prominence. The sutra is renowned for its unique focus on the primacy of mind (citta) and consciousness, setting it apart from earlier Buddhist texts that emphasized external phenomena or dharma. Originally written in Sanskrit, the Sutra was later translated into Chinese, with the earliest known translation attributed to the monk Guṇabhadra in the 5th century CE. This translation became the foundation for many subsequent Chinese commentaries and interpretations, influencing the development of Chan (Zen) Buddhism.

Key Themes and Philosophical Significance

The Lankavatara Sutra emphasizes several core ideas: - The primacy of mind and consciousness over external reality. - The concept of vikalpa (conceptual thought) as the principal obstacle to enlightenment. - The notion of tathagatagarbha or Buddha-nature inherent in all beings. - The importance of direct experiential realization over doctrinal study. Its philosophical depth has made it both a challenging and inspiring text for practitioners and scholars alike, prompting numerous translations and commentaries over the centuries.

Translation of the Lankavatara Sutra

Major Translations and Their Differences

The translation history of the Lankavatara Sutra is marked by several significant efforts, each reflecting different interpretive nuances:

1. **Guṇabhadra's Chinese Translation:** The earliest and most influential translation, completed in the 5th century, which laid the foundation for Chinese Mahayana thought.

2. **Xuanzang's Translation:** In the 7th century, the great monk Xuanzang produced a revised translation that clarified some ambiguous passages and incorporated commentarial insights.
3. **Modern Translations:** In recent times, scholars like Daisetz Teitaro Suzuki and others have provided English translations and commentaries, often drawing from multiple Chinese and Sanskrit sources.

Each translation offers a slightly different perspective, emphasizing various aspects of the original text, which reflects the fluid and interpretive nature of translating profound spiritual literature.

Challenges in Translation

Translating the Lankavatara Sutra presents several difficulties: - Complex philosophical terminology: Terms like vijnana, tathagatagarbha, and vikalpa lack direct equivalents in many languages. - Poetic and metaphorical language: The sutra employs metaphors and poetic imagery that are difficult to render faithfully. - Cultural context: Concepts rooted in Indian philosophical and religious thought require contextual adaptation for modern or Western readers. Scholars often debate the best translation choices, emphasizing the importance of consulting multiple versions and commentaries to grasp the full depth of the text.

Commentary on the Lankavatara Sutra

Historical and Modern Commentaries

Commentaries on the Lankavatara Sutra have proliferated over the centuries, each offering unique interpretative lenses:

1. **Zhiyi's Commentary:** The Chinese Tiantai master provided a systematic interpretation, emphasizing the unity of truth and provisional teachings.
2. **Dogen's Insights:** The founder of Zen Buddhism, Dogen, drew heavily from the sutra, highlighting the immediacy of awakening and the primacy of practice.
3. **Contemporary Scholars:** Modern commentators like Thich Nhat Hanh and the Dalai Lama have provided accessible explanations, connecting the sutra's teachings to everyday mindfulness and compassion.

These commentaries enrich the understanding of the sutra's profound teachings, making them accessible to practitioners at various levels.

Key Interpretive Themes

The core themes often elaborated upon in commentaries include: - The nature of mind: Understanding that the mind itself is luminous, pure, and the source of all phenomena. - Vikalpa and delusion: Recognizing conceptual thought as the main obstacle to enlightenment, with practices aimed at transcending conceptualization. - Self-awareness and realization: Emphasizing direct, experiential insight into one's true nature rather than reliance solely on doctrinal knowledge. - Buddha-nature: The inherent potential for awakening present in all beings, often linked to the concept of tathagatagarbha. By exploring these themes, commentaries aim to guide practitioners toward a direct experience of the teachings.

The Significance of the Lankavatara

Sutra in Buddhist Practice

Influence on Zen and Mahayana Traditions

The Lankavatara Sutra has been especially influential in the development of Zen Buddhism, where emphasis on direct experience and mind-to-mind transmission aligns closely with its teachings. The sutra's focus on the primacy of consciousness and the importance of awakening through direct realization resonated with Zen masters like Dogen and Linji. Furthermore, the sutra's teachings on vijnapti-matra (representation-only consciousness) underpin Yogacara philosophy, which explores the nature of cognition and perception. This has contributed to a rich tradition of meditative practice aimed at transcending conceptual thought.

Practical Applications

Practitioners draw upon the Lankavatara Sutra's teachings through: - Mindfulness meditation: Cultivating awareness of the present moment and recognizing the luminous nature of mind. - Contemplation on Buddha-nature: Recognizing the inherent potential for awakening within oneself and others. - Transcendence of vikalpa: Learning to observe and let go of conceptual thought to experience reality directly. - Integration of wisdom and compassion: Embodying the enlightened qualities emphasized in the sutra. These practices facilitate a direct, experiential understanding of the teachings, leading toward liberation.

Contemporary Relevance of the

Lankavatara Sutra

Modern Interpretations and Applications

In today's context, the Lankavatara Sutra continues to inspire those interested in meditation, philosophy, and spiritual growth. Its teachings align well with contemporary mindfulness and cognitive sciences, emphasizing awareness and the nature of consciousness. Some modern applications include: - Mindfulness-based therapy: Drawing from the sutra's insights into the luminous nature of mind. - Interfaith dialogue: Using the sutra's universal themes of inherent Buddha-nature to foster understanding across spiritual traditions. - Educational initiatives: Teaching the importance of direct experience over dogma.

Challenges and Opportunities

While the depth of the Lankavatara Sutra can be daunting, it offers opportunities for: - Deepening meditation practices. - Exploring the nature of consciousness. - Engaging in philosophical inquiry about reality and perception. Practitioners and scholars are encouraged to approach the sutra with humility, openness, and a willingness to experience its teachings firsthand.

Conclusion

The translation and commentary of the Lankavatara Sutra are vital for unlocking its profound teachings on the nature of mind, consciousness, and enlightenment. From its origins in Indian Mahayana tradition to its influence on Chinese, Japanese, and Western Buddhism, the sutra continues to inspire practitioners worldwide. Its emphasis on direct

realization, transcending conceptual thought, and recognizing Buddha-nature remains as relevant today as when it was first composed. Whether approached through scholarly study, meditative practice, or philosophical reflection, the Lankavatara Sutra offers a timeless guide toward understanding the true nature of reality and awakening to one's innate wisdom. Embracing its teachings can lead to profound transformation, fostering wisdom, compassion, and liberation in everyday life.

Lankavatara Sutra Translation and Commentary: An In-Depth Exploration
The Lankavatara Sutra translation and commentary represent a significant milestone in the transmission of Mahayana Buddhism, offering profound insights into the nature of mind, consciousness, and enlightenment. As one of the central texts of Yogacara philosophy, this sutra has inspired countless practitioners and scholars alike, serving as both a spiritual guide and a philosophical treatise. Its intricate language and layered meanings challenge readers to delve deeply into the nature of perception and reality, making its translation and commentary a subject of ongoing scholarly interest and spiritual reflection.

Introduction to the Lankavatara Sutra

The Lankavatara Sutra is a Mahayana Buddhist scripture believed to have been composed in India around the 4th to 5th centuries CE. Its name, translating roughly as "Sutra of the Lanka [or Lanka-like] Mountain," references the mythic mountain where the Buddha is said to have delivered teachings. Central to the text is the concept that all phenomena are manifestations of the mind, emphasizing the importance of consciousness in the path to enlightenment. The sutra is particularly renowned for its focus on the nature of mind (citta), the doctrine of tathāgatagarbha (Buddha-nature), and the importance of direct realization over conceptual elaboration. Its teachings challenge dualistic notions and

urge practitioners to recognize the inherent purity and luminosity of consciousness.

The Significance of Translation and Commentary

Translating the Lankavatara Sutra is no trivial task. The original texts are dense with philosophical terminology, poetic metaphors, and subtle nuances that are deeply embedded in the Sanskrit and later Chinese and Tibetan translations. Accurate translation is crucial to preserve the integrity of its teachings, while commentary helps unpack complex ideas, making them accessible to a wider audience. The development of authoritative translations and commentaries has played a vital role in shaping how the sutra is understood across different Buddhist traditions. These works bridge cultural and linguistic gaps, allowing practitioners from diverse backgrounds to grasp the profound messages of the text.

Historical Context and Key Translators

Early Translations

The earliest known translation of the Lankavatara Sutra into Chinese is attributed to the monk Guṇabhadra (394–468 CE), who rendered the text during the 5th century. His translation laid the groundwork for subsequent renditions and commentaries, influencing Chinese Buddhist thought profoundly.

Later Developments

In the 7th century, the Chinese monk Xuanzang further translated and interpreted the sutra, adding commentary and clarifying difficult passages. Tibetan translators, such as Buton Rinchen Drub, also contributed to the transmission, adapting the text into the Tibetan Buddhist canon with their own interpretive nuances. The most influential translations are considered to be: - Guṇabhadra's Chinese translation (5th century) - Xuanzang's Chinese translation (7th century) - Modern translations by scholars such as D.T. Suzuki and Jeffrey Hopkins These translations differ in linguistic style, interpretive emphasis, and contextual framing, each offering unique perspectives.

Features of Major Translations and Commentaries

Guṇabhadra's Chinese Translation

- Known for its poetic and somewhat poetic style. - Emphasizes the mystical and doctrinal aspects. - Laid the foundation for later commentaries.

Xuanzang's Chinese Translation

- A more detailed and systematic translation. - Incorporates extensive commentary and annotations. - Focuses on clarifying philosophical concepts.

Modern Translations and Commentaries

- Scholars like Jeffrey Hopkins and D.T. Suzuki have provided accessible versions. - Incorporate historical context, linguistic analysis, and philosophical interpretation. - Often include extensive footnotes explaining complex terms. Features of these translations include: - Preservation of the original's poetic rhythm. - Clarification of Buddhist technical terms. - Use of contemporary language to make teachings accessible. - Inclusion of historical and doctrinal background.

Philosophical Themes Explored in the Commentary

Mind-Only (Cittamatra) and Yogacara Philosophy

The core of the sutra and its commentaries revolves around the Yogacara concept that all phenomena are projections of the mind. This doctrine emphasizes that understanding the nature of consciousness is essential for liberation.

Non-Dualism and Emptiness

The texts challenge dualistic perceptions of subject and object, encouraging practitioners to see beyond conceptual distinctions. The commentary often explores the notion of emptiness (śūnyatā) as the inherent lack of independent existence in all phenomena.

Self-Realization and Direct Knowledge

The sutra advocates for direct experiential realization rather than reliance on conceptual understanding. Commentaries elaborate on methods for attaining this insight, such as meditation and mindfulness.

Role of the Bodhisattva and Compassion

The teachings emphasize compassionate action and the importance of embodying wisdom for the benefit of all beings, aligning with Mahayana ideals.

Features and Benefits of Different Commentaries

- Scholarly Commentaries (e.g., Jeffrey Hopkins): - Provide detailed analysis of philosophical terms. - Include historical and textual context. - Offer practical meditation instructions. - Spiritual and Mystical Commentaries (e.g., D.T. Suzuki): - Focus on the experiential and mystical aspects. - Emphasize the unity of mind and reality. - Use poetic language to evoke insight. - Traditional Monastic Commentaries (e.g., Tibetan texts): - Rooted in lineage and tradition. - Emphasize the importance of practice and initiation. - Incorporate ritual and symbolic interpretation. Pros and Cons of Various Approaches: - Pros: - Depth of understanding through scholarly analysis. - Accessibility for practitioners seeking practical guidance. - Preservation of tradition and lineage. - Cons: - Potential for overly technical language. - Risk of interpretive bias. - Challenges in translating subtle notions accurately.

Challenges in Translating the Lankavatara Sutra

Translating this profound text involves several challenges: - Linguistic Nuance: Sanskrit and Chinese contain words with multiple layers of meaning, making precise translation difficult. - Cultural Context: The metaphors and concepts are rooted in Indian and Chinese cultural paradigms, which may not have direct equivalents. - Philosophical Depth: The abstract nature of the teachings requires careful interpretation to avoid misrepresenting the original intent. - Preservation of Poetic Quality: Maintaining the poetic and aesthetic qualities of the original text can be challenging in translation.

Impact of the Translations and Commentaries on Practice and Philosophy

The various translations and commentaries have significantly influenced both academic understanding and spiritual practice. They have: - Facilitated the dissemination of Mahayana teachings across cultures. - Provided practitioners with tools for direct realization. - Enriched the philosophical landscape of Buddhist thought. - Inspired artistic and poetic expressions of Buddhist insights. Their influence extends beyond academic circles to meditation centers, monasteries, and individual practitioners worldwide.

Modern Reinterpretations and Continuing Scholarship

Contemporary scholars continue to explore the Lankavatara Sutra through new translations, commentaries, and interpretations. Advances in linguistics, philosophy, and cognitive science have added new layers of understanding, emphasizing the relevance of the sutra's teachings in modern contexts. Notable recent works include: - Jeffrey Hopkins' comprehensive commentary, which combines scholarly rigor with practical guidance. - Daniel Malinowski Tan's studies on the sutra's influence on Zen and Chan traditions. - Comparative analyses bridging Yogacara with contemporary cognitive science. These efforts ensure that the Lankavatara Sutra translation and commentary remain vital resources for exploring the nature of mind and reality.

Conclusion

The translation and commentary of the Lankavatara Sutra are invaluable for deepening understanding of Mahayana Buddhist philosophy and practice. They serve as bridges connecting ancient wisdom with contemporary seekers, offering profound insights into the nature of consciousness, perception, and enlightenment. While challenges in translation persist, ongoing scholarly efforts continue to shed light on this intricate and inspiring text. Whether approached as a philosophical treatise or a spiritual manual, the Lankavatara Sutra remains a cornerstone of Buddhist literature, inviting all to explore the true nature of mind and reality. Key Features of the Lankavatara Sutra Translation and Commentary: - Accurate preservation of original poetic and philosophical nuances - Multi-layered interpretive approaches (scholarly, mystical, traditional) - Extensive contextual background aiding comprehension -

Practical guidance for meditation and realization - Continual evolution through modern scholarship Pros: - Deep philosophical insights - Rich cultural and historical context - Facilitates direct experiential understanding - Bridges tradition and modernity Cons: - Complexity may be challenging for beginners - Variations across translations can lead to differing understandings - Risk of misinterpretation without proper guidance The ongoing exploration of the Lankavatara Sutra translation and commentary exemplifies the enduring relevance and transformative potential of Buddhist teachings, inspiring generations to seek wisdom beyond words and concepts.

Most people do not set out with the intention of downloading a book. Usually, it starts with a small need. A question that lingers longer than expected, a topic that keeps appearing in conversations, or a moment when surface-level information simply is not enough. That is often when The Lankavatara Sutra Translation And Commentary enters the picture.

At first, the goal might be modest. Read a chapter. Find one useful explanation. Move on. But having the book available in PDF format quietly changes that intention. There is no rush to finish, no pressure to read everything at once. The book sits there, ready, waiting for attention.

Reading begins to happen in fragments. A few pages in the morning while the day is still quiet. A bookmarked section checked again in the afternoon. A highlighted paragraph revisited at night because it suddenly makes more sense. These moments do not feel like formal study. They feel natural.

The layout remains familiar every time the file is opened. Pages look the same, headings stay where they were, and visual cues help the mind remember. Over time, readers stop searching and start navigating

instinctively.

Notes appear almost without effort. A sentence stands out, so it gets highlighted. A thought forms, so it gets written in the margin. Weeks later, those notes feel like messages left behind by an earlier version of the reader.

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Independent learners often appreciate the absence of structure. There is no deadline, no checklist. Progress happens when curiosity returns, not when it is demanded.

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Sometimes, a passage read long ago suddenly feels relevant. A concept that once seemed abstract now makes sense. Growth shows itself in these small moments.

Reading no longer feels like an obligation. It becomes something to return to when clarity is needed or curiosity resurfaces.

In this way, learning slips into everyday life without announcement. The book does not demand attention. It simply remains available.

And often, that quiet availability is what makes it valuable. Knowledge does not have to be chased when it is already close at hand.

Questions & Answers About the lankavatara sutra translation and commentary

No	Question	Answer

1	What is the Lankavatara Sutra and why is its translation significant?	The Lankavatara Sutra is a key Mahayana Buddhist text that explores mind-only philosophy and enlightenment. Its translation is significant because it makes complex teachings accessible to a global audience and influences various schools of Buddhist thought.
2	Who are some notable scholars involved in translating the Lankavatara Sutra?	Prominent translators include Chinese scholars like Xuanzang, as well as modern scholars such as D.T. Suzuki and Edward Conze, whose commentaries have shaped contemporary understanding of the text.
3	What are the main challenges faced in translating the Lankavatara Sutra?	Challenges include rendering complex Sanskrit and Chinese philosophical terminology accurately, capturing nuanced doctrinal meanings, and conveying the text's poetic and symbolic language across different cultures.
4	How does the commentary on the Lankavatara Sutra enhance its teachings?	Commentaries provide contextual explanations, interpret difficult passages, and relate teachings to practical meditation and ethical practice, thereby deepening understanding and application.
5	What are some recent trends in the translation and commentary of the Lankavatara Sutra?	Recent trends include digital publication of annotated translations, interdisciplinary approaches combining philosophy and psychology, and efforts to make the text accessible to diverse audiences through modern language and commentary.
6	How has the interpretation of the Lankavatara Sutra evolved over time?	Interpretations have shifted from traditional monastic exegesis to more inclusive, philosophical, and psychological perspectives, reflecting broader interest in its teachings on consciousness and perception.

7	Where can I find reputable translations and commentaries on the Lankavatara Sutra?	Reputable sources include translations by D.T. Suzuki, Edward Conze, and modern editions published by scholarly presses like Wisdom Publications and the Buddhist Publication Society, often accompanied by detailed commentaries.

Lankavatara Sutra, Buddhist philosophy, Zen Buddhism, Mahayana teachings, Buddhist translation, sutra commentary, mind-only school, Yogacara, Mahayana texts, Buddhist scriptures

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Learners often revisit The Lankavatara Sutra Translation And Commentary eBooks as reference materials.

The Lankavatara Sutra Translation And Commentary eBooks help bridge the gap between theoretical concepts and practical application.

The digital nature of The Lankavatara Sutra Translation And Commentary eBooks makes distribution fast and efficient, enabling instant access to updated information without the delays associated with print publishing.

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Ethical considerations when sharing

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Finding Reviews

Reading reviews is one of the most effective ways to choose the best edition of The Lankavatara Sutra Translation And Commentary. With many versions, formats, and publishers available, reviews help readers avoid low-quality or poorly formatted editions and focus on content that meets their expectations.

Online bookstores often feature customer reviews and ratings that provide insights into readability, formatting quality, and overall satisfaction. Paying attention to detailed reviews can reveal common issues such as missing pages, poor editing, or compatibility problems with certain devices. Reviews that mention specific strengths or weaknesses are especially useful when selecting a digital version of The Lankavatara Sutra Translation And Commentary.

Community-driven platforms such as Goodreads, Reddit, and specialized

forums offer additional perspectives. These communities allow readers to discuss content in depth, compare editions, and share personal experiences. Recommendations from experienced readers or subject-matter enthusiasts can be particularly valuable when choosing educational or technical The Lankavatara Sutra Translation And Commentary materials.

Professional reviews from blogs, academic journals, or reputable websites can also provide objective evaluations. These reviews often focus on content accuracy, relevance, and usefulness, making them helpful for students and professionals who rely on reliable information.

Evaluating review credibility

Not all reviews carry the same level of reliability. When reading reviews, consider the reviewer's background, level of detail, and consistency with other feedback. Multiple reviews highlighting similar strengths or weaknesses usually indicate a genuine pattern. Avoid relying solely on extreme opinions and instead look for balanced assessments that discuss both pros and cons of the The Lankavatara Sutra Translation And Commentary edition.

Using Audiobooks

Audiobooks offer an alternative way to experience The Lankavatara Sutra Translation And Commentary content and are increasingly popular among modern readers. Instead of reading text, users listen to narrated versions, allowing them to engage with content while performing other tasks. Audiobooks are especially useful during commuting, exercising, or completing routine activities.

Platforms such as Audible, Google Audiobooks, Apple Books, and Scribd offer professionally narrated audiobooks of many The Lankavatara Sutra

Translation And Commentary titles. These versions often feature high-quality narration, clear pronunciation, and structured pacing that enhances understanding. Some audiobooks also include chapter navigation, bookmarks, and playback speed controls for added convenience.

For public domain works, platforms like LibriVox provide free audiobooks narrated by volunteers. While narration quality may vary, LibriVox remains a valuable resource for accessing classic or open-access versions of The Lankavatara Sutra Translation And Commentary without cost. Listening to samples before committing to a full audiobook can help ensure a comfortable listening experience.

Audiobooks are particularly beneficial for auditory learners or individuals with visual impairments. They also help reduce screen time, making them a healthy alternative for extended content consumption. However, audiobooks may not be ideal for detailed study that requires frequent referencing, highlighting, or visual analysis.

Combining audiobooks with text

Many readers find value in combining audiobooks with digital or printed text. Listening while following along in the text can improve comprehension and retention. Others use audiobooks for initial exposure and then refer to the text version of The Lankavatara Sutra Translation And Commentary for deeper study. This multi-format approach maximizes flexibility and learning efficiency.

Tracking Progress

Tracking reading progress is a powerful way to stay motivated and organized when engaging with The Lankavatara Sutra Translation And Commentary. Monitoring progress helps readers set goals, manage time

effectively, and reflect on what they have learned. Whether reading for leisure, study, or professional development, tracking tools enhance accountability and consistency.

Apps such as Goodreads, StoryGraph, and LibraryThing allow users to log books, track reading status, write reviews, and set annual or monthly reading goals. These platforms also offer personalized recommendations based on reading history, making it easier to discover related The Lankavatara Sutra Translation And Commentary materials.

For readers who prefer a more customized approach, spreadsheets or note-taking apps can serve as effective tracking tools. Creating a simple reading log that includes dates, chapters completed, key notes, and personal reflections helps organize learning and maintain focus. Digital notes can be linked directly to highlighted sections within The Lankavatara Sutra Translation And Commentary for easy reference.

Using tracking for study and research

For academic or professional purposes, tracking progress goes beyond simple completion. Recording insights, questions, and references while reading The Lankavatara Sutra Translation And Commentary creates a structured knowledge base that can be revisited later. This approach supports deeper understanding and improves long-term retention of information.

Tracking tools also help identify patterns in reading habits, such as preferred formats or optimal reading times. Understanding these patterns allows readers to adjust their routines for better productivity and enjoyment.

Community engagement and motivation

Sharing progress within reading communities can increase motivation and accountability. Many platforms allow users to join reading challenges, discussion groups, or book clubs centered around specific topics or genres. Engaging with others who are also reading The Lankavatara Sutra Translation And Commentary fosters discussion, insight exchange, and a sense of shared purpose.

However, sharing progress should always respect privacy preferences. Users can choose what information to make public and what to keep personal. Balanced participation ensures that tracking remains a supportive tool rather than a source of pressure.

Final thoughts on sharing and managing The Lankavatara Sutra Translation And Commentary

Responsible sharing, informed selection, and effective tracking are key aspects of enjoying The Lankavatara Sutra Translation And Commentary in the digital age. By respecting copyright, relying on trusted reviews, exploring audiobooks, and monitoring reading progress, readers can create a well-rounded and ethical reading experience. These practices not only enhance personal understanding but also contribute to a sustainable and supportive reading ecosystem built around high-quality The Lankavatara Sutra Translation And Commentary content.